

# RECOVERY MONTH EVENTS

## Kansas City Events

**Thursday, Sept. 6:** Unsung Heroes Luncheon and Awards, 11:30am to 1:30pm, Bruce R. Watkins Heritage Center ([register now](#))

**Friday, Sept. 7:** Recovery KC official Open House, 2-4pm Ribbon Cutting Ceremony at 3pm Light Refreshments, 7447 Holmes Road Kansas City MO ([printable flyer](#))

**Saturday, Sept. 8:** “Reflections N Recovery 2” play presented by Sarita Lynne Ministries. Gem Theater, 6:30pm, 1615 E 18th St, Kansas City, MO, For tickets [click here](#). ([printable flyer](#))

**Thursday, Sept. 20:** First Call’s Celebration Evening featuring Sam Quinones, author of *Dreamland*. To learn more, [click here](#). ([printable flyer](#))

**Saturday, Sept. 22, 2018:** C.O.P.S. Annual Block Party. 11am-2pm 3800 Agnes, Kansas City, MO ([printable flyer](#))

**Saturday, Sept. 29:** Annual Recovery Walk, 11am-1pm, Tower Park, 75th Street & Holmes Road, Kansas City, MO. Sponsored by Comprehensive Mental Health. ([printable flyer](#))

## St Louis Event

**Saturday, Sept. 15:** Recovery Day at Busch Stadium, starts at 12:05 Featuring the St. Louis Cardinals vs the Los Angeles Dodgers. Tickets are \$20 (normally \$47) contact Amber Cole for tickets 314-583-2469

## Farmington Event

**Monday, Sept. 24:** Community Workshop, 9am-3pm, First Baptist Church, 210 N A St, Farmington, MO Presentations will include community treatment options, importance of supportive recovery, local statistics and success stories. Lunch will be provided at noon. For more information 573-756-5749

## Sikeston Event

**Saturday, Sept. 22:** Praise and Fellowship Day, 11am-3pm Mission Missouri, 509 Ruth Street, Sikeston, MO. For more information 573-481-0505

## **Springfield Event**

**Saturday, Sept. 8:** Getting Dirty to Stay Clean 5K/10K Family Fun BBQ, 9am-12pm Rutledge Wilson Park, 3825 W Farm Road 146, Springfield, MO. To register for run, [click here](#). Post race activities are free and include food, live music, inflatables, games and a giveaway. For more information 417-368-0852

National Recovery Month (Recovery Month) is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life.

Recovery Month celebrates the gains made by those in recovery, just as we celebrate health improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. The observance reinforces the positive message that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover.

In Missouri we have many people in recovery who are advocating and educating their communities. One of the best ways for us to do that is to have Recovery Month events around the state, so we share this simple message, "People can and do recover." We would love for you to support the Recovery Month events around the state by inviting your friends and family to attend, and then attending yourself!